



Your Councillors Jo-Anne Luchka and Karen Dickie

By Mary Trueman



Jo-Anne Luchka is a Sonoma Pines Council member at large, and sits on the Landscaping Committee. John, who sits on the Safety & Security Committee for SPHOA, & Jo-Anne, who have been

Jo-Anne Luchka married for forty-eight years, moved here from Edmonton where John worked for The City of Edmonton, Traffic & Engineering. And, says Jo-Anne, "We love it at SP". Jo-Anne worked for Nalco Canada, the largest industrial water treatment company in the World for thirty-two years. She was Executive Assistant to the V.P. Oilfield Division. In addition she has worked at Holiday Inn Palace as Front Desk Supervisor; Sawridge Inn, First Nations Hotel as Front Desk Supervisor and Wingate by Wyndham as Front Desk Supervisor; all in Edmonton. Jo-Anne has also had a Home Based Business - Office Services, planning conventions and special events.

Jo-Anne says she "likes asking questions, researching, and getting deficiencies fixed". On the Sonoma Pines Landscaping Committee she has dealt with projects like

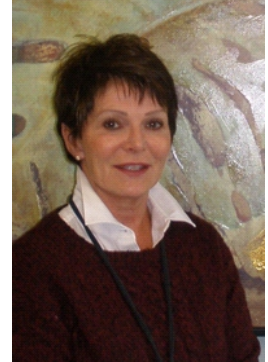
getting the WFN to agree to clear the brush 30 feet back from fences facing Sonoma Pines (the big lot facing Mesa Vista Court, for example) and parking signage at SP on Talavera and Mesa Vista Court.

The Luchkas enjoy their two sons (1 in West Kelowna & 1 in Oyama) and four grandchildren, a total of two boys and two girls. Jo-Anne says she "reads a lot", mostly murder mysteries. Authors Jeffrey Archer and James Patterson are two favourites. She reads The Kelowna Daily Courier, "Time" and "People Magazines" and likes to watch Scandal, Revenge and Parenthood on Television.

The Luchkas have enjoyed a Cruise to the Western Caribbean, and holidays on O'ahu and Maui, Hawaii, as well as holidays in Mazatlan, Puerto Vallarta & Cancun in Mexico, and Florida and California.

Winter 2014 will mark their 16th year in Mesa. They stay in their park model in Apache Wells and enjoy golf, swimming, happy hours with the neighbours and just touring around AZ.

Jo-Anne continues to enjoy her volunteer position on the Sonoma Pines Council. Jo-Anne may be contacted by SP Residents at joluchka@gmail.com



Karen Dickie is the newest member of Council at Sonoma Pines. Karen, her husband Bryon, and their two small dogs have lived at SP for two years following their move from Calgary. Karen grew up in the Beaches area of

Karen Dickie

Toronto and has her first degree from U. of Toronto and her MBA from Athabasca University - Karen is looking forward to adding value to SPHOA Council with her many years of business management experience. Karen is Chair of the SP Landscaping committee.

Her goal for Landscaping at Sonoma Pines is to develop "Standards and Best Practices" for the Community, providing continuity into this beautiful open concept community.

During her working career Karen held senior management roles with SAP (German software manufacturing company) and Accenture (global consulting organization). Her career required her to travel globally much of the time and her favourite cities are Barcelona, Sydney and Tokyo.

Cont'd on page 3

Inside this Issue

Communications Update	page 2
CPR and AED's	page 3
Telemark Pass Winners	page 3
Gellatly Bay Trails Society	page 3
Sonoma Pines Logo Contest	page 4
Maintenance Tips	page 4
Christmas Food Drive	page 4
Revised Parking Regulations	page 4
Activities and Contacts	page 4
Calendar	page 6

Sonoma Pines Website and Sonoma Sun Newsletter

www.sonomapines.info

You can check here for most recent articles on the community, back issues of the newsletter, or copies of Council minutes and financial statements. Some pages are password protected so use sonomapines and you should be fine. If there is something that you would like to see on the site or in the Newsletter please email us at sonomapinesnews@gmail.com.

Communications Committee Update Ed Dorosz

The Communications Committee includes volunteers Rob Taylor, contributor/editor Edward Dorosz, talented writer Mary Trueman, the couple behind the lens, Lyle & Karen Larrigan of Heritage Imaging and John Scott as the coordinator.

The chosen strategy is to disseminate community news & updates in a timely, efficient and most cost-effective manner. To accomplish the above, we will:

- 1) Set-up and manage the [website](#),
- 2) Publish the Sonoma Sun newsletter,
- 3) Manage the distribution of community e-mails,
- 4) Maintain the community Bulletin Board, and
- 5) With the input of residents, develop a community brand (analogous to a corporate brand), thus establishing an 'identity' for Sonoma Pines. To start the process, we'll launch a contest for a 'slogan' to best describe our community.

Website

www.SonomaPines.info

The website has been established to serve as a forum for community dialogue and information. It's a portal for all information pertinent to Sonoma Pines, such as strata governance & council matters, community & clubhouse events, Sonoma Sun newsletters, notices, classified ads, a directory of SP Home Businesses offering products & services; archives, etc.

If you have a home or part-time business in Sonoma Pines and wish to be included in the directory (free of charge), please refer to the [website](#) www.SonomaPines.info or e-mail SonomaPinesNews@gmail.com with your name, description of your business offering, and contact details.

We recognize that there's always room for improvement in the site so please, consider it as 'work-in-progress'. We welcome your input.

Social media has become nearly indispensable to many, and provides an

increasingly important communications vehicle. We cannot ignore that fact, so in 2015 we expect to announce a 'Sonoma Pines' Facebook page. If you have any website technical development or management skills, or are a 'Facebook master user' willing to help, please share your talents with us.

Sonoma Sun (Newsletter)

The Sonoma Sun is an important publication offering select news, articles, resident profiles, event / calendar information, photos, etc. on a monthly basis (excluding January). As before, we welcome your articles and submissions in MS Word format to

SonomaPinesNews@gmail.com

Distribution will continue via e-mail and current editions will be posted on the bulletin board (see below). Current and past editions will also be on the [website](#). If you know of residents without computers or internet access (yes there are some), please print them a copy or refer them to the Bulletin Board.

We've revised the format to include fewer display ads and allow for more/richer content. Under the new format, display advertising was limited to 2 advertisers. Thanks to BMO-Nesbitt Burns (Ron LeStage) and Home Hardware (Steve Corothers) who through their generosity will cover the newsletter production costs for 1 year. Please express your gratitude by considering them next time you shop for hardware or need professional investment advice.

E-mails (Is your In-Box full?)

Another of our key initiatives is to channel all messages (APM, United Landscaping, Clubhouse social committee, event notices, etc.) through a single contact. That person will then distribute the e-mail (possibly with multiple subjects) on a regular schedule, perhaps on a weekly basis. Most if not all the e-mail content will also be posted or archived to the [website](#) for easy reference.

More to come on this topic and we sincerely look for everyone's assistance.



Thanks to volunteers Gerry McNichol & Marshal Wolski (amongst others), a new Bulletin Board has been built and installed.

Bulletin Board

Our attractive new Bulletin Board is now in service in front of the Clubhouse. Weather-resistant glass panels protect the board and are kept locked.

Items posted will include 1) current issue of the Sonoma Sun newsletter, 2) key community & Clubhouse contact information, 3) posters and notices of upcoming events (max. size, 1 page), and 4) Classified /Want ads. Please note the general guidelines for the ads include: 1) limited to SP residents, 2) no business ads, 3) max size. ½ page (say 8 in. x 5 in.). Ads will be dated for expiry.

Complete guidelines will be posted on Bulletin Board. To post items please contact Leslie Asselstine 778-754-1397 or drop off at 2163 Serrento Lane.

Speak Up – Speak Out!

As always, we welcome your feedback, good, bad or otherwise. Constructive input or criticism is best way to help shape our communications plan and improve the community. Please send your comments and inquiries to SonomaPinesNews@gmail.com Include your name and telephone # to ensure a response. If you wish your comments to be made public, please let us know; anonymity is assured if you specify.

Letters



Please send your comments and letters to sonomapinesnews@gmail.com



Locally owned and operated by Steve & Sara Corothers

Check out our website at www.homehardware.ca OR
Visit us beside Save-On Foods,
Tell us you live in Sonoma Pines to save 5%
Proud sponsor of the Sonoma Sun

Store Hours
Monday to Saturday
8AM - 6PM
Sunday & Holidays
9AM - 5PM
250-768-3125

Sonoma Pines Residents brought to their knees!



Ed and Denise Dorosz

Learning how to use an AED

The West Kelowna Ogoogo Seniors Hockey Group and The Heart & Stroke Foundation offered a Free two hour training session in CPR and AED use on Sunday, Nov.9th. Ed and Denise Dorosz, Doug Ross and Mary Trueman took part, learning how to try to save lives affected by cardiac arrest.

80 participants had registered but over 130 showed up. It was a very informative and useful afternoon. "The hardest part was kneeling on the wooden floor for almost two hours", said Mary, and "if I ever do this again I'm going to take a pair of kneeling pads along". Hopefully these Sonoma Pines residents won't have to use their new knowledge, but if they do... they're ready.



Winner of Telemark Day Passes

After the minus 11 degree weather this last week I may have some trouble convincing you that the first day of winter is still a few weeks away. Local Ski hills are still closed but as I write this and take a look at the [Telemark Webcam](#) I do see a sprinkling some white stuff. Not enough for skiing or snow shoeing but when by the time it comes some Sonoma Pines residents will have their day passes in hand.

Congratulations to Randy Mills who was the first to respond to our contest at sonomapinesnews@gmail.com last month. And, Cheryl Johnson, Mary Lee Jacobson, Greg Johnson and Jim Marshall who won their passes at the first meeting of the Sonoma Pines Snowshoe Club held in November. Thanks to Gail and George Forshaw who put the meeting together and had over 20 homeowners show up to sign up.

If you could not make the meeting and are interested in joining them at Telemark please contact George Forshaw at gfsquaredf@gmail.com

Karen Dickie cont'd from front page

Karen loves the outdoors and enjoys hiking, golf and stand-up-paddleboarding. she has also taught skiing at Talisman and Georgian Peaks in Ontario and Sunshine Village in Banff. The Dickies are happy to be retired and enjoy movies, entertaining and travel. Karen likes to read and suggests "The Goldfinch" by Donna Tartt, "A House in the Sky" by Amanda Lindhout and "A Walk Across the Sun" by Corban Addison as her recent favourite fiction books.

Karen and Bryon have three children between them, one girl and two boys. At the time of interview the Dickies were heading off to Houston, Texas for one of their children's wedding. Perhaps there will be a photo or two for us upon their return ?

If Landscaping is on your mind and you'd like to speak with Karen, her telephone number is [778-754-2286](tel:778-754-2286)

The Gellatly Bay Trails and Parks Society

The Gellatly Bay Trails and Parks Society (GBTAPS) is a not-for-profit volunteer organization dedicated to,

'Finding opportunities to build trails and initiate activities to raise public awareness of the enjoyment and benefits of trails on the Westside.'

Born out of the Westbank Rotary Club, the Society was incorporated in 1986 as The Gellatly Bay Aquatic Park Society, later changing to its present name, more accurately reflecting the work we do.

If you have ever walked the trail along Gellatly Bay foreshore, picnicked in Rotary or Marina Park, put your boat in the water using the boat launch adjacent to Westbank Yacht Club or walked along

the multi-use trail from the Yacht Club to the Cove resort you are enjoying facilities that were contributed to, or built by GBTAPS in partnership with RDCO, DWK and Westbank Rotary Clubs.

Currently we are working with these organizations to complete the section of the Powers Creek Trail that starts at the fish ladder on Gellatly road and runs along the creek to the bridge at Paynter Park.

A second bridge has been built at the halfway mark on Powers Creek Trail that gives access to this trail from the bottom of Brown Road. When construction is complete you will be able to walk a loop trail.

The long-term goal of GBTAPS is the completion of Trail 2000 which, when finished will run from the Bennet Bridge in Kelowna to Peachland.

None of the projects are possible without the financial help of West Kelowna business, Rotary Clubs and our own GBTAPS supporters.

Each year at the end of May we hold our main fund raiser March for Parks where we guide three separate hikes of varying length and difficulty, as soon as the details are in place we will post the information on our website www.westsidetrails.ca and the Gellatly Bay Trails & Parks Society Facebook page.

The GBTAPS Board of Directors meet to plan and organize both current and future projects on the second Tuesday of each month at 8:00am at the RCMP building in West Kelowna.

If you would like more information about GBTAPS, have trail or project suggestions or would like to volunteer to assist on current or future projects please call John Reddick at 250 768 4350.



Markets may change. Good investing advice is timeless.

Ron Le Stage, CIM, FCSI
Investment Advisor, Financial Planner

Author of *Westside Weekly's Smart Money*
Tel: 250-707-2190

ron.lestage@nbpcd.com
www.lestageinvestmentgroup.com

BMO Nesbitt Burns
Making money make sense™

© "BMO (M-bar Roundel symbol)" and "Making Money Make Sense" are registered trade-marks of Bank of Montreal, used under licence. © "Nesbitt Burns" is a registered trade-mark of BMO Nesbitt Burns Inc. BMO Nesbitt Burns Inc. is a wholly-owned subsidiary of Bank of Montreal. If you are already a client of BMO Nesbitt Burns, please contact your Investment Advisor for more information. Member-Canadian Investor Protection Fund

Sonoma Pines Logo Contest

Can you describe in up to 4 words what Sonoma Pines is all about? You have all seen the logo. Now we are looking for a community slogan or tagline which best exemplifies why you live here. As part of the Sonoma Pines brand we would like to have a distinctive logo and slogan on our publications, stationary and any official documentation.

Every homeowner in Sonoma Pines has an opportunity to win. We ask that you submit your slogan along with your name and phone number by Dec 15 to sonomapinesnews@gmail.com

We will fine-tune the list and in the New Year publish that short list to homeowners for their vote. The person submitting the winning slogan will win a dinner for two at a local restaurant. The winner will be announced in the February issue of Sonoma Sun.



Revised Parking Regulations

Council is seeking feedback from Homeowners on the draft regulations and intends to present the final version at our next SPCOA AGM in May 2015. Comments or questions regarding the draft regulations should be forwarded to jdscott650@gmail.com



To see a draft version click here:

<http://www.sonomapines.info/wp-content/uploads/2014/11/Sonoma-Pines-Revised-Parking-Regulations-V1-Oct-2014.pdf>

Home Maintenance Tips



Checking your Water Pressure and Pressure Regular Valve (PRV)

Have you heard any funny new noises coming from your toilet bowl tank or found water in the drip tray below your water heater? If you have it may be a good time to check the water pressure in your home and the operation of your PRV.

This happened recently to my neighbour and I and after checking the house water pressure with a gauge purchased at home depot we both found our water pressure was over 100 pounds per square inch (PSI). Depending on how much pressure you like in the shower it should normally be anywhere from 60 to 75 PSI. After finding our water pressure was over 100 the new noises coming from the toilet tank and the water in the water heater drip tray made sense – as both were indications that excess pressure was being released to prevent damage to the toilet valve and the water heater.

While you should be able to adjust your PRV to control your water pressure both my neighbour and I ended up replacing ours. With the original PRVs we found that after we lowered the pressure down to 60 PSI it gradually went back up to over 100 PSI – meaning our PRVs no longer functioned properly.

If you want to find out more about checking your water pressure and adjusting your PRV there are a number of videos on YouTube that can help you, or you can contact your plumber.

The company that installed most of the plumbing related equipment in Sonoma Pines (including the toilets, water tanks and PRVs) is West Kelowna Plumbing; they can be reached at 250-769-7477.

Norm Asselstine



Christmas Food Drive

Our Annual Sonoma Pines Christmas Food Bank Drive has started and will continue until December 20th. Thanks to Doug Kell for setting up some boxes in the library and if you don't get a chance to drop anything off beforehand please bring something along for the Christmas Happy Hour December 12.

West Kelowna Food Bank is currently helping out about 350 households in our neighborhood. Applicants for assistance range from single seniors to families with 3 or 4 children. 40% of their clients are under the age of 15. As Christmas nears, they are in the process of preparing about 350 food hampers to be delivered on the 17 or 18 of December. I spoke with their operations manager Gary Lynch who is a busy guy. On top of his regular weekly duties, on weekends he covers the local stores collecting day old bread. Gary is highly complimentary of the assistance received from local retail outlets.

Here are a few tips on what the West Kelowna Food Bank needs:

- Canned Fish/Meats (e.g. tuna, ham, turkey)
- Healthy Cereals
- Meals in a Can (e.g. Pork n' Beans or Stew)
- Canned Vegetables
- Canned Fruits
- Pasta/Rice
- Pasta Sauces
- Canned or Dry Soups
- Mac & Cheese
- Baby Basics – Formula, Baby Food, Diapers & Wipes

Doug is planning on keeping an eye on the boxes in the library so that he can make regular deliveries between now and the 20th. Lets try to keep him busy. Thanks for helping!

Sonoma Pines Activities & Contacts

ATV Enthusiasts

Glen Lesmeister
250-707-1151

glesmeis@shaw.ca

Photography Club

Lyle and Karen Larrigan
250-768-2555

heritageimaging@shaw.ca

Quilting

Gaye Hunter at
250 768-0996

Snowshoe Club

George Forshaw
250 768-8070

gfsquaredf@gmail.com

Something New!

Big White Car Pool

mcnichol@shaw.ca



photo – Charlie Milazzo

Jam Session

“Huge thank you to Gerry Tonn and his jam session pals, it was an awesome afternoon and all in attendance would love to see more of this. I was totally blown away. Very talented group”. – Sharon

“We had a great turnout for a very nasty day and thanks to those who braved the slippery streets and sidewalks to join us. Big thanks to the musicians and I know they all had a great time. Also a huge thanks for all of the help with snow shoveling set up and take down as well as the coffee and cookies”. – Gerry

Band Members - Richard, Darryl, Bryan, Melita, Joan and Gerry from the Westside and Al and Marilyn, Doug, Brian and Dennis who all reside in Kelowna.



photo contributed by anonymous neighbor

Maintenance Man Still

Works In Snow

Vern heading off to take down the remaining STOP signs to bring back to the garage to give them a fresh paint so they are more visible as well as replacing street sign posts which vandals have damaged.

SONOMA PINES CLUBHOUSE NEW YEARS EVE CELEBRATION

Wednesday DECEMBER 31, 2014 7:30 to 12:30

**TICKETS ARE LIMITED-FIRST 80 PEOPLE
TICKETS ON SALE AT THE CLUBHOUSE**

DECEMBER 12 (CHRISTMAS HAPPY HOUR)

DECEMBER 17 (1:00 TO 3:30) or

CALL: Lorna Wright 250-452-9872

Sharon McNichol 778-754-0777




**Ticket price \$7.50 per person includes party favors, bubbly, chips and salsa.
Please bring an Appetizer to share and B.Y.O.B.
Gift Basket Draw and Door prizes - Taped Music**

December 2014 SONOMA PINES Calendar of Events Page 6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Yoga 9am	2 Quilting Club 9am - 12pm LL Cribbage 7pm	3 Yoga 9am Canasta 1:00pm	4 Pool 7-9pm	5	6
7	8 Yoga 9am	9 Quilting Club 9am - 12pm LL Cribbage 7pm	10 Yoga 9am Canasta 1:00pm	11 Pool 7-9pm	12 Christmas Happy Hour 4-7pm BYOB & Appie or \$5.per person	13 Private Function
14	15 Yoga 9am	16 Quilting Club 9am - 12pm LL Cribbage 7pm	17 Yoga 9am Canasta 1:00pm	18 Pool 7-9pm	19	20
21	22 Yoga 9am	23 Quilting Club 9am - 12pm LL Cribbage 7pm	24 Yoga 9am	25 Private Function 	26	27
28	29	30 Quilting Club 9am - 12pm LL	31 New Year's Dance 			

Upcoming Special Events

December
12th Christmas
Happy Hour 

31st New Years Dance 

Interested in Volunteering??

Please contact:
Lorna Wright
lorna-wright@shaw.ca
or
Sharon McNichol
mcnichol@shaw.ca

Clubhouse Cleaning every Sunday.

Upper from 11:00 to 2:00 am. Lower from 2:00 to 4:30 pm
Gym closed from 2:00 to 4:30 pm

Interested in Car Pooling to Big White with other Sonoma Pines Skiers?

Check the bulletin board or send an email to mcnichol@shaw.ca



If you are interested in past copies of the Newsletter or more information on The Sonoma Pines Community please check out the website at: sonomapines.info