



## “Lest We Forget”

By Mary Trueman

2014 is the 100th Anniversary of the start of World War One and the 75th Anniversary of the start of World War Two. We living in Canada have so much to be grateful for as we honour the men and women who fought for our freedoms.

### Remembrance Day Services

- Indoors at the Royal LePage Centre in West Kelowna
  - Outdoors at the Cenotaph on Main Street, West Kelowna
  - In Peachland at the Peachland Recreation Centre
- If you plan to attend the indoor services you will want to be there around 10: 30 a.m. in order to secure a seat - especially in Peachland which is always very well attended.



- In Kelowna at the Cenotaph in City Park  
At approximately 10:30 am a parade of participating organizations and the Colour Party will march from Stuart Park along Abbott Street to the Cenotaph in City Park for the ceremony.

### *In Flanders Fields*

poem by

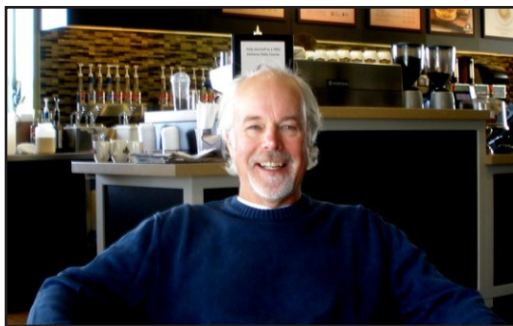
Lieutenant Colonel John McCrae

*In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.*

*We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields*

*Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.*

*We will remember them.*



## John Scott

By Mary Trueman

John Scott sits on Council for Sonoma Pines. He's not wearing a hat in this photo but he actually wears three hats on our behalf, Secretary/Treasurer on Council as well as head of the Communications and Finance Committees. That old saying "If you want to get something done, ask the busiest person you know" seems a propos in John's case.

John grew up in Penticton, attended Simon Fraser University and BCIT. His Diploma in Marketing has been put to good use working with Abbott Labs Canada (Health Care) in Montreal, Chicago, Latin America, Warsaw and Amsterdam. He is comfortably bilingual (Eng./French) and speaks a little Polish too. His time working in Europe was "just great" learning about the different ways of life and it's where he "learned about real traffic congestion", he says.

Complaining about the Hwy. 97 traffic to John is a waste of time... he's seen lots worse! He loves taking holiday trips to Europe and says he'd like to spend more time in Turkey and he wants to go to Asia and Australia.

If you've seen a person flying by on a bicycle, it's probably John Scott. He owns several including an electric one for when he's "tired". John is an avid cyclist and is also a member of the Telemark X-Country Ski Club where he is a volunteer with the School Program. "We're looking for experienced skiers to help as volunteer teachers" he says, so give John a call if this is something you'd like to become involved with.

In case there's any spare time at the Scott

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## Something To Say?

We invite you to share your opinions with us in the newsletter or our community website:

[www.sonomapines.info](http://www.sonomapines.info)

### From Critical to Visionary...

You may comment on the adequacy of snow clearing from sidewalks or share your concept of Sonoma Pines once the last home is built, Rykon is long gone and we are an autonomous, self managed community.

### Find a funky eatery or business...

Would you like to tell us about a local business that goes beyond expectations? You might start the conversation with the owner like this, "I live in a small strata community of 500 homes in West Kelowna. We have a newsletter where we write stories about local business or restaurants and I would like to tell them about you. May I take a picture?"

That's how I met Paul Person of Persons Deli in Kelowna. If you're a CFL fan you may remember Paul from the 1983 Grey Cup Champion Toronto Argonauts, (do you remember who they beat for the Cup?). Here's a quote from the Argos website, "With the fourth quarter coming to a close, and the Argos down by 6, Barnes hit WR Paul Pearson over the middle to keep the game-winning drive alive. Barnes capped off the drive with a strike to RB Cedric Minter who burst in to the end zone to complete one of the most memorable plays in Toronto sports history."

It's a fun, easy way to meet people and uncover more of the cultural makeup of our community. Other topics: Wine tasting, coming cultural events, a good book: tell us about it.

Please send your comments and letters to [sonomapinesnews@gmail.com](mailto:sonomapinesnews@gmail.com)

### Submission guidelines-

Please submit your articles in a Microsoft Word doc. Format.

Articles may be edited so please do not be surprised or offended. Recognizing that few of us are professional journalists we will strive to keep edits to a minimum. There is no set length for articles; we ask that you try for a maximum of 200 words (Microsoft counts them for you). Lengthier articles may be abridged with the full version published in our website, [sonomapines.info](http://sonomapines.info). We will endeavor to print all articles of the month and if we are overwhelmed, content may be shifted to the website to ensure all homeowners get to read your article in a timely manner.

It is our intention to allow as much freedom as possible to have relevant discussions on the community. However, we are also responsible for making sure that these discussions stay polite, safe and relevant.

### Cont'd from page 1 **John Scott**

home Terry, who grew up in Kelowna, and John (they have 5 children between them) enjoy hiking and fishing, "especially in the lovely small lakes all around us", says John. Does John read? You bet! - Fiction, History, Classics, Current stuff, newspapers (Kelowna Daily Courier, Globe & Mail, Washington Post, The Guardian") I think I could safely add etc. etc. etc. etc. here. When asked if there is anything he's especially concerned about, John was thoughtful for a moment or two and then said "Environmental Issues".

Smoothly Functioning Governance is John's main focus for us here at Sonoma Pines - Bylaws, Maintenance (Funding long term) and "CONTINUITY!"

John's wish is that more residents will come forward and willingly sit on committees and see what it's like. When I suggested "Try it out, or try before you buy" John nodded. We want people to see

what the various committees do, see if they fit, and would hope they decide to stay around for "next year" ... there's always a next year and "continuity is what we're after here at Sonoma Pines".

To reach John...

Email [jdscott650@gmail.com](mailto:jdscott650@gmail.com) or

Cell phone [\(250\) 681-5681](tel:2506815681)



## Clubhouse Library

All Sonoma Pines residents are invited to borrow any of the books, puzzles, and games that fill the clubhouse library shelves and cupboards. There isn't much room for many more books at this time but donations are welcome for a growing DVD collection.



## Letters



"Just a short note to commend the current SPHOA Strata Council on their new transparency. As a Sonoma Pines resident of over 18 months, it is refreshing to receive Email of proposed Council meeting agenda as well as the detailed meeting minutes. Also it is encouraging to see invitations to have other residents, other than Council members, to participate on committees which impact our community. Thanks to you all for volunteering your time to make Sonoma Pines an outstanding community in which to live. Keep up the good work!"  
George Forshaw,  
Madera Court



Locally owned and operated by Steve & Sara Corothers

Check out our website at [www.homehardware.ca](http://www.homehardware.ca) OR  
Visit us beside Save-On Foods,  
Tell us you live in Sonoma Pines to save 5%  
Proud sponsor of the Sonoma Sun

**Store Hours**  
Monday to Saturday  
8AM - 6PM  
Sunday & Holidays  
9AM - 5PM  
**250-768-3125**



## Remembrance Day 2014

By Mary Trueman



**Gord Jackson, Master Warrant Officer**

**Retired Colonel Douglas J. Ross**

We are honoured to have some former Canadian Military retirees living at Sonoma Pines. Gord Jackson, Master Warrant Officer, retired from The Princess Patricia Canadian Light Infantry (PPCLI) moving to SP in April 2010. Gord started his basic training in Calgary and has lived in many places since. There isn't room to include his many postings here but I'll sum it up by saying Gord knows Canada! After 6 weeks special training Gord was posted to Germany and was there for 6 years. While posted overseas he went on a holiday with a friend to Ireland. It was in Ireland that he was introduced to Ethel - they were married in April of 1969. In October of '69 the Jacksons were back in Canada, Calgary was the posting. Ethel and Gord have two sons and travel to see them frequently in Manitoba.

and the Legion Magazine - Gord is a Member of the Kelowna Legion. In winter months you'll find Gord working out at the SP Clubhouse Fitness Centre.

Travelling in Europe was really enjoyable for the Jacksons - to France, Belgium, Holland, Denmark, Spain, England, Scotland and, of course, Ethel's Ireland. Smaller trips to Spokane, Seattle & Las Vegas are fun too, Gord says.

Ethel is retired from former administrative work at banks and hospitals and Gord praises her artistic abilities - he says she really has decorating talent. She reads "a lot" he says, and subscribes to "many magazines".

Has Gord Jackson enjoyed his military career? Without hesitation a big "yes", he said. "Absolutely!" Gord Jackson, one of our Canadian Soldiers who was ready and willing to lay down his life for our Canadian freedoms. Thanks, Gord!

I didn't have to look very far to find another retired Canadian Military person to interview with thoughts on Remembrance Day. Retired Colonel Douglas J. Ross, RCAF CD2, who is a graduate of Canada's Royal Military College lives at Sonoma Pines and is the writer's husband. Doug spent 34 years in uniform at November 11th ceremonies in Canada and in Europe.

Doug says "this is a time for reflection about freedoms that we enjoy in Canada thanks in large part to the dedicated men and women in the Canadian Forces from before the start of The Great War 100 years ago this year to the present day. Canada is at war again in the Middle East. No matter your political convictions, personal beliefs or opinions, regarding this deployment and others, we should recognize and applaud the valour, commitment and spirit of our men and women in uniform.

Remember them on November 11th."

If you golf at Two Eagles you probably know Gord Jackson. He golfs there 6 days a week. Really! I'm not kidding, 6! When he's not golfing he reads newspapers, Macleans Magazine, National Geographic



Both these books by Canadian Military Historians, David O'Keefe ('One Day In August' about Dieppe) and Mark Zuehlke ('Operation Husky' about Sicily) are interesting reads. The O'Keefe Book was released before Christmas 2013 and was on the Canadian Best Sellers list; it's just now available in paperback. The Zuehlke book has just been released. My copy just arrived in fact. The authors have very different writing styles, but both will make Canadian History come alive for the reader

### ANNUAL SONOMA PINES SHOPPING NIGHT



**Sonoma Pines Clubhouse  
Thursday, November 6th  
4:00 til 8:00pm**



### Markets may change. Good investing advice is timeless.

Ron Le Stage, CIM, FCSI  
Investment Advisor, Financial Planner

Author of *Westside Weekly's Smart Money*  
Tel: 250-707-2190

ron.lestage@nbpcd.com  
www.lestageinvestmentgroup.com

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# Community Awareness

Community Awareness on Oct 15 was sponsored by your Safety & Security Committee. It was an informative evening that included good material from Kelly Wilson of West Kelowna Fire & Rescue, Duane Mactavish of Regional District of Central Okanagan, Richard Johns of the Westbank First Nations Law Enforcement and Rob Zivkovic of Associated Property Management.

The over 35 in attendance had the opportunity to get answers to questions relating to safety & security in our community.

- A couple of key points raised by Kelly were checking smoke detectors (those in attendance got a tool to reach our 9 foot ceilings), and ensuring there are clear evacuation routes from our homes. She advised that our hardwired smoke detectors actually have a 10 year life; this was news to a lot of us.
- Duane referenced our community is considered safe by all accounts. He discussed our stats over the past 10 months that showed 10 incidents, including the mischief associated with the recent mailbox break-ins. Duane focused on aspects of personal security around simple things like locking doors & windows to simply being aware of what is going on in your neighbourhood. He is a strong advocate of phoning the police on anything out of the ordinary – even suspicious cars driving slowly.



**Richard Johns WFN Law Enforcement addressing the group at the Community Awareness meeting. Photo: Lyle Larrigan**

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- Richard talked about the scope of services that fall under WFN. His key message was the 2004 self governing act for WFN resulting in WFN being responsible for the management of their laws. They work in concert with RCMP on any criminal related issues. One key message was that the WFN is not responsible for any of the strata bylaws in Sonoma Pines. In particular WFN will not ticket a parking violation unless there is a clear safety concern.
- Rob provided an overview of the bylaw enforcement process and re-enforced that APM are responsible to manage all bylaws in Sonoma Pines. They will issue infraction notices and work with council on any escalation, fine or other remedial action.
- Rob Taylor was the moderator and summed up the meeting by saying “we need to look out for one another and it is incumbent on each and every one of us to report anything that just doesn't look right. It is far better to have the first responders mobilized than be faced with an event that leaves lasting scars on our residents”

## Thanks To Our Sponsors and Contributors

As this is a community newsletter we depend on our sponsors and contributors to make it happen.

Somona Pines residents would like to express our appreciation for Ron Le Stage of BMO Nesbitt Burns and Steve Corothers of Home Hardware West Kelowna for their support in sponsoring the Somona Pines Newsletter for the next year.

Hearty thanks for the time and thoughtfulness that Mary Trueman puts into her contributions and photos. Also many thanks to Lyle and Karen of Heritage Imaging.

## We Encourage All Sonoma Pines Residents To Attend Council Meetings



Council meetings are scheduled on the first Friday of each month and are open to all residents of Sonoma Pines. Decisions are made by a motion and a majority vote as reflected in this photo.

You may address council on any topic-but first you need to be on the agenda! To have your ideas or concerns heard send an email to any member of council identifying your topic and they will ensure your name is on the agenda. Note: Our agendas are quite full so we ask that any presentation be limited to around the 10 min time frame. Your Council is looking forward to your participation.



## Favorite Fall Activity



We didn't get a lot of feedback on last month's question.

Since then we rode on the Kettle Valley Railway between Princeton and Coalmont. If you have already been on the section between Kelowna and Naramata, here is another scenic ride you can plan for spring, summer or fall.

The trailhead is easy to find, behind the subway in Princeton and then head west out of town. If you like you can take your fishing rods as there are rainbow and brown trout as well as whitefish in the river.

The best part about the trail is that it is on an old rail bed so even as you head uphill out of Princeton, the incline is barely noticeable. Most of the trail is wide but covered in loose gravel. Terry had her mountain bike and didn't really have any problems with the gravel although she said she had to be on her toes.

## SONOMA PINES SNOWSHOE CLUB



Are you a summer hiker or are you an experienced snowshoer or would you like to learn to snowshoe? Snowshoeing is great winter aerobic exercise, which will put some color in your cheeks.

We are forming a club at Sonoma Pines for you.... we are planning weekly snowshoe outing as soon as there is sufficient snow on the ground.

The first meeting of the SPSSC will be an information session at our Clubhouse. Mark it on your calendar or refer to the Clubhouse calendar... Wed, Nov 12 at 7:00pm

We will have information about equipment and clothing, rentals and costs. And perhaps a few draw prizes as well (like day passes to Telemark X Country Club). So come out to the Clubhouse and check out the plans.

My wife Gail and I are Sonoma Pines residents and have extensive backcountry travel experience. We have snowshoed for many years. Initially the SPSSC outings will be mid week on marked snowshoe trails at Telemark Nordic Center, only about a 20-minute drive from our homes. As a group we can decide upon other snowshoe venues as the weeks pass and fitness improves.

We look forward to seeing you on Nov 12. Call or email me if you have any question.

Cheers,  
George Forshaw  
250 768-8070  
gfsquaredf@gmail.com



## Win Telemark Day Passes



**TELEMARK**  
Nordic Club

Telemark Nordic Club is a cross country and snowshoeing club about 20 minutes drive from Sonoma Pines.

If you are interested in snowshoeing this winter check out the new Snowshoe club article from George Forshaw.

If you are an active X Country skier and would like to get more involved in the local ski community as a volunteer please call John Scott at 250 681 5681. We are looking for skiers to help with our school ski program, which runs from Monday to Friday in January and February.

If you would like to win 2 day passes to Telemark be the first to email [sonomapinesnews@gmail.com](mailto:sonomapinesnews@gmail.com) with your name and phone number and we will get the passes to you in time for ski season.

Both X Country ski and snowshoe rentals are available 7 days per week.

More information at <http://www.telemarkx-c.com/>

## Sonoma Pines Clubs and Contacts

### ATV Enthusiasts

Glen Lesmeister  
250-707-1151  
[glesmeis@shaw.ca](mailto:glesmeis@shaw.ca)

### Quilting

Gaye Hunter at  
250 768-0996

### Photography Club

Lyle and Karen Larrigan  
250-768-2555  
[heritageimaging@shaw.ca](mailto:heritageimaging@shaw.ca)

### Snowshoe Club

George Forshaw  
250 768-8070  
[gfsquaredf@gmail.com](mailto:gfsquaredf@gmail.com)



## Live Jam Session At The Clubhouse

November 26 from 1 to 3:30

A musical get together involving local Okanagan amateur musicians many of whom provide entertainment at events such as senior homes, farmers markets and other venues. They will likely choose songs from Country to Rock and Roll, depending on their preference the day.

If you play or would like to come out and see some local talent, come and join us.

# November 2014 **SONOMA PINES Calendar of Events** Page 6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b>
<b>2</b>	<b>3</b> Yoga 9am	<b>4</b> Quilting Club 9am - 12pm LL Cribbage 7pm	<b>5</b> Yoga 9am Canasta 1:30pm	<b>6</b> <b>Shopping Night</b> 4-8pm	<b>7</b>	<b>8</b> Talavera Get Together 4-7pm
<b>9</b>	<b>10</b> Yoga 9am	<b>11</b> Cribbage 7pm	<b>12</b> Yoga 9am Snowshoe Club 7pm	<b>13</b> Pool 7-9pm	<b>14</b> Happy Hour 4-7pm BYOB & Appie or \$5.per person	<b>15</b>
<b>16</b>	<b>17</b> Yoga 9am	<b>18</b> Quilting Club 9am - 12pm LL Cribbage 7pm	<b>19</b> Yoga 9am Canasta 1:30pm	<b>20</b> Pool 7-9pm	<b>21</b>	<b>22</b>
<b>23/30</b> 30th Grey Cup Party 	<b>24</b> Yoga 9am	<b>25</b> Cribbage 7pm	<b>26</b> Yoga 9am Live Jam Session 1-3:30pm	<b>27</b> Pool 7-9pm	<b>28</b>	<b>29</b>


## Upcoming Special Events

**November**  
6<sup>th</sup> Shopping Night



30<sup>th</sup> Grey Cup Party  
& Potluck Dinner



**December**  
12<sup>th</sup> Christmas  
Happy Hour 

31<sup>st</sup> New Years Dance



**Interested in  
Volunteering??**

Please contact:  
Lorna Wright  
lorna-wright@shaw.ca  
or  
Sharon McNichol  
mcnicholg@shaw.ca

### Clubhouse Cleaning every Sunday.

Upper from 11:00 to 2:00. Lower from 2:00 to 5:00  
Gym open all day Sunday

Larry Herchak who lives in Sonoma Pines is offering home sitting service for Snowbirds. If you want to hire someone who has SP residents as clients/ references here's Larry's number. [778-754-0764](tel:778-754-0764)

If you are interested in past copies of the Newsletter or more information on The Sonoma Pines Community please check out the website at: [sonomapines.info](http://sonomapines.info)